

UNSTUCK

current sermon series



DEALING WITH DISCONTENTMENT

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You may have heard it said that Life is 10% what happens to you, and 90% how you respond. Although many of us reverse this and believe that Life is 90% what happens to us, and 10% how we respond. Today Pastor Tyler teaches us that if you draw near to Christ, and draw upon HIS power, you can endure all things.

READ 2 Corinthians 11:23-27—What kind of life experiences has Paul had?

READ Philippians 4:11-12—How many areas of life did Paul learn to be content?

1. THE SECRET OF CONTENTMENT

READ Philippians 3:10—The secret of contentment is drawing near to Christ. Paul gave up everything in order to know Christ and His resurrection power. What might you need to give up? A busy schedule? A friend's approval? Extra sleep? Discuss.

2. THE PROMISE OF CONTENTMENT

READ Philippians 4:13—The promise of contentment is If you draw near to Christ, and draw upon HIS power, you can endure all things. What is the difference between drawing upon HIS power and YOUR power? Do you have an example?

3. THE HOPE OF CONTENTMENT

The hope of contentment lies in the fact that you can "learn" to be content. Contentment also breaks the habit of comparison and changes your heart. Discuss the questions below.

DISCUSSION QUESTIONS:

1. What type of discontentment are you struggling with the most lately?
2. In what ways is comparison killing contentment in your own life?
3. What steps can you take to draw near to Christ daily and differently?

COMMIT TO MEMORY—*"For I can do everything through Christ, who gives me strength."*
Philippians 4:13

CHALLENGE— Do you charge your heart as often as you charge your phone? Take steps today to daily draw near to Christ in order to experience the promise of contentment.