

# WHO YOU ARE

## a study of ephesians

"YOU ARE LOVED"  
March 30 & 31, 2019  
Tyler Scott, Lead Pastor

### INTRODUCTION

This week we look at the second incredible prayer that Paul prays for the Ephesians, and for us. He prays for inner strength from God's Spirit, that we would grasp the limitless love of God, and be filled with the fullness of God.

### DISCUSSION QUESTIONS

1. What do you spend the most time praying about, and why?
2. Read **Ephesians 3:14-21**. Paul's first request is that God would empower them in their inner beings (v16). What do you think it means to be "strengthened in your inner being"?
3. What resources does God have to do this?
4. What characterizes someone in whom Christ dwells? Does a specific person in your life come to your mind? Share who it is, and why.
5. Why do you think Paul prays that we would be "rooted and established in love?" What are some effects of love as being present (or absent) from the roots/foundation of a person's life?
6. Paul prays that they would know God's love. How does he describe that love? How do God's actions prove His love for us?
  - Do you ever FORGET how much God loves you? Explain.
7. What truth is most meaningful to you as you contemplate Paul's prayer for the believers in Ephesus?
8. In the HOW section of the sermon, Tyler gave four words to help us apply this passage/this prayer to our lives in tangible ways. What were the four words?
  - If/when you "kneel" to pray this week, for whom will you pray? Why?
  - What part of "grasp" is most challenging/encouraging to you? Why?
  - Why do you think "together with all the Lord's holy people" is in v18?
  - What stands out to you about God's power in this passage?

### COMMIT TO MEMORY

And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ. **Ephesians 3:17-18**

### PRAYER CHALLENGE

Share prayer requests and pray for one another. Be sure to thank God for his limitless love. Pray that God would help people grasp His love for them every day.