



DISCOVER WHO GOD MADE YOU TO BE 🌈

"Reaching Your Personality Potential"

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Personality refers to differences in patterns of thinking, feeling and behaving. It includes (but isn't limited to) how we relate to others, and how we respond to opportunities. Each of us has a unique, God-given personality – part of our overall "SHAPE" – that makes us a perfect fit to serve somewhere.

Key Scriptures: Hebrews 12:1-2; 1 Samuel 18:5-9; Exodus 3:11-14; Luke 10:28-32; Matthew 6:33; Mark 10:43-45

DISCUSSION QUESTIONS

1. How do you think discovering the way God has wired our unique personality will help you find a great place or "fit" for you to serve others? Why do you think serving others is part of God's purpose for your life?
2. If you had the opportunity to choose the ideal situation that would enable you to make the greatest difference for God, what would it look like? Respond to that question by thinking back over recent life opportunities. Which brought the greatest sense of fulfillment and purpose?
3. Read Hebrews 12:1-2, and 1 Samuel 18:5-9. Why is it so tempting and common to compare our personalities to the personalities of others? Share an example of when you were thinking/living "on their mark" instead of "on your mark."
4. Read Exodus 3:11-14, and Luke 10:28-32. In Exodus 3, Moses didn't think he had the personality or overall SHAPE of a leader. (It likely didn't help that he had murdered someone in the previous chapter, and at least one person had witnessed it.) Further, chapter 4 tells us that Moses struggled with a speech impediment – most likely a stutter. In Luke 10, Martha thought her "busy/active" personality was superior to Mary's quiet personality. Share about a time when you didn't think you had the "right personality" for something God was calling you to do, or when you struggled to appreciate the personality differences in someone else. What did God teach you through that?
5. Why is it important to appreciate that God intentionally made us all different -- whether you are outgoing or reserved, self-expressive or self-controlled, cooperative or competitive, etc.? _

LIVING ON PURPOSE

Worship

More than any other quality, our personalities are a reflection of God. He has created us in His image. None of us is exactly like God, but each of us is like God in some way.

1. What are some specific ways we can seek God? What are some examples of environments we can put ourselves in to be reminded of God's love, grace, and goodness...and thus grow in our faith?
2. What role does your personality play in the way you express worship to God?
3. What ways might God want to use your specific personality traits to serve others? (Really take 2-3 minutes to brainstorm...perhaps even as a group.) How is the full surrender of your personality for His use an expression of worship to God? Think about a time/memory that God used you, simply because you're – YOU? How was God glorified through this experience?

PRAYER DIRECTION

Thank God for the personality he has given you. Ask him to help you see where a trait needs to be submitted to the power of His Spirit for guidance and transformation, and ask Him to show you how to be yourself for his sake. Ask for the power that only comes through a surrendered life of worship. Lastly, ask for help in guiding you to a place that is a perfect fit to serve others, based on your unique personality.

PUT IN IT INTO PRATICE

Take time this week to evaluate your personality tendencies.

How I relate to others

Circle the words that BEST describe how you relate to others. You can circle the X in the middle if your personality tends to include both traits:

OUTGOING -----X-----RESERVED

SELF EXPRESSIVE -----X-----SELF-CONTROLLED

COOPERATIVE-----X-----COMPETITIVE

How I respond to others

Circle the words below that BEST describe how you respond to serving opportunities. You can circle the X in the middle if you tend to embrace opportunities that include both traits:

HIGH RISK-----X-----LOW RISK

PEOPLE DRIVEN-----X-----PROJECT DRIVEN

FOLLOW-----X-----LEAD

TEAM-----X-----SOLO

ROUTINE-----X-----VARIETY