



**DISCOVER WHO GOD MADE YOU TO BE 🌈**

**SHAPE - Discover Who God Made You To Be**

**"What You Do Best"**

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God has blessed each of us with natural abilities or talents. Our abilities are strong indicators of what God wants us to do with our lives. God gave each of us different abilities for His good purposes.

This week we focused on exploring our abilities, both natural abilities and those we've acquired through training and/or education. Let's look at how God has given you unique abilities for His Kingdom purpose!

Key Verses:

Romans 12:6 (NLT) *"God has given each of us the ability to do certain things well."*

Colossians 3:17 *"Whatever you do, whether in word or deed, do it all in the name of our Lord Jesus, giving thanks to God the Father through Him."*

### **SHAPE STUDY QUESTIONS**

Open in prayer

1. Take a few moments and think about what you love doing, the tasks you feel confident performing. Think of one or two top qualifications.
2. What do you excel in? What is something you are a "natural" at? Something that comes very easy for you?
3. What unique training or education have you received that has led to a specific talent or ability?
4. Think about something you know you do well, but you no longer do at all. Why did you stop doing it? Is there a way you could include it again in your lifestyle?
5. How could your natural abilities benefit others? Think of one way God could use something you do well.

6. What are ways in which you use your abilities to accomplish God's work in the world?

*"Therefore, I urge you , brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God- this is your true and proper worship." Romans 12:1*

### **PRAYER DIRECTION**

Spend time praying for each other. Thank God for the fact that he has given you natural talents and abilities. Ask God to help you see more clearly how he wants to you to use them. If you are already using them, ask him what more he has for you.

If desired, pray for the healing of those in your group with damaged hearts. Pray for the courage to pursue what God is calling them to do.

### **PUT IT INTO PRATICE**

Set aside time this week to consider those things you naturally do well. Use the "Abilities" section of the SHAPE assessment to recognize what God has gifted you to do. If you have yet to take the SHAPE assessment, go to [www.cpcdanville.org](http://www.cpcdanville.org) and complete the section on "Abilities".

Love it! – You cannot imagine life without these activities

Like it! – You may enjoy these abilities/activities, but don't need to do them on a regular basis in order to feel satisfied.

Live without it! – These abilities/activities leave you feeling slightly deflated and disappointed, compared to what you love doing.