MEXICO 2022 STUDENT MISSION TRIP LEADER PACKING LIST

 A valid, current U.S. Passport Face masks and personal hand sanitizer Sleeping bag, pillow & camping pad (Cots / Aerobeds allowed for adults) Warm clothes for cold nights Comfortable clothes for relaxing at camp Work clothes that can get dirty or ruined Long pants (required) Short sleeve shirts (Sorry no tank tops) Sturdy closed-toed shoes (required) Work gloves Tools are not necessary but see recommended items on next page
 Water bottle identified as yours Sunscreen (A hat is a big help too!) Towel & toiletries (soap, shampoo, etc.) "Sun Shower" from sporting goods store (recommended) Swim suit for showers (required for all) Flashlight (we also recommend a headlamp flashlight) Bible & journal Cash or card (Plan on 4 meals on the rock comp store taco stand and churros!)
] Large trash bags to pack dirty clothes] Rain poncho (just in case!)] Cell Phone and portable charger. (There are no outlets for charging.)

Keep in mind that we will be roughing it in every sense of the word. This is often harder for adults than kids. We are sleeping in tents, using portapotties, and using solar shower bags for very brief showers. There are no electrical outlets or mirrors. But there will be coffee and tea in the mornings, lots of food for all our meals, and you will see God at work! You're going to love it!

Additional Suggestions from Leaders on Previous Trips

(Just some suggestions you may find helpful)

- □ Ear plugs or noise cancelling air pods in case you're near the freshman boys
- \Box Flip flops for showers
- \Box Chap stick with sunscreen
- □ Tight sunglasses or strap to keep them on (lots of times leaders recommended "eye protection" when dirt was flying)
- □ Heavy duty work gloves recommended
- □ Backpack/day pack for going to/from the site
- Duct tape (great to wrap thumbs and forefingers under gloves to prevent blisters)
- □ Helpful for the worksite: basic tool belt, hammer, measuring tape, small square, pencils, and knee pads for working on the ground
- □ Lots of extra trash bags and Ziploc's for everything from trash to dirty or wet clothes to protecting your pillow
- \Box Sharpies
- □ Camera or phone and portable charger
- □ Clothes line for hanging wet suits and towels in the tent (for girls, it's really nice)
- \square Spray sunscreen for re-applying during the day
- \Box Wipes / hand sanitizer
- □ Tent lantern
- □ Travel tissues
- \Box Cot or good inflatable mattress -especially if you are prone to a sore back
- □ Rolling duffle bag (for soft-sided luggage that is easy to carry over the border)
- Door mat for in front of the tent to keep dirty shoes out of the tent without having to stand in the dirt. The mat can be donated to the family at the end of the week
- \square Double pillow cases on your pillow for when one gets dirty
- □ Travel coffee mug (almost a must!)
- \Box Flavors for water or coffee creamer if you can't survive on plain all week
- \Box Mints or gum for long bus rides
- \square Note cards to write kids notes at the end of the week
- 🗆 Bandana / hat
- □ Chocolate covered coffee beans
- \Box Rain poncho
- □ Beanie and scarf (if you get cold in the evenings)