

family Table Talker

Helping families unplug from Tech and connect with each other

Live chat!

Pick a discussion starter. You have all month, so just one will do. Run out? Make some up that fit the theme of the month! (Oh! And turn off those devices! Live chat means just talking.)

- Name someone you think is courageous, real or fictional!
- What are some other words that describe a courageous person?
- What is something that you fear or are intimidated by?
- Tell a story of a time you chose courage to do something!
- What do you think it means to say, "Courage is a choice"?
- What can help us choose courage?

GOOFY Game

Name of the Game: What's in the Box?

Needed: A shoe box with a slot cut out for a hand to fit in

How to Play: Let's see how much courage you have! One person gets to put something inside the shoebox and then put the lid on it. Be creative but safe. Set guidelines for what types of items can be used. It could be a toy or food or whatever your family agrees to. Everyone else has to have courage and put their hand into the box and touch the item to try and figure out what it is. Whoever guesses right gets to choose the next object. You'll need to choose courage to stick your hand in the box! You can play this game all month long!

COURAGE

Monthly Motto:

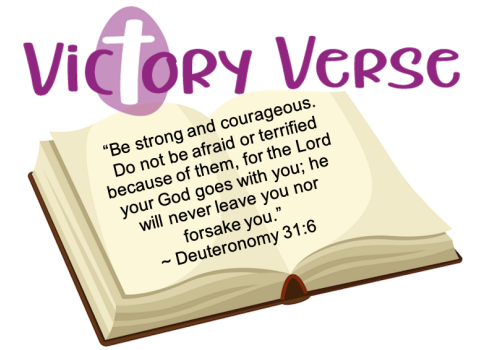
courage is a choice!

Think about It

Courage is a choice. It is a choice to confront fear, pain, intimidation, uncertainty, or even danger. The Bible tells the story of a young shepherd boy named David. One day his father sent him to check on his brothers who were off fighting in a war. When he got there, he saw the soldiers afraid and intimidated to go up against a huge soldier named Goliath. Goliath was demanding one soldier to come out and fight him. Whoever won, their army would win the battle so the other men wouldn't have to fight. But none of the grown men in God's army dared fight Goliath! He was a giant! It was probably scary for David too, but David knew that God was always with him. David chose courage when everyone else around chose to be afraid. He went onto the battlefield with only a slingshot and defeated this evil enemy. Since David chose courage, God used that decision to bring a great victory for His people that day!

Make it count!

Jesus warned us, "In this life you will have trouble..." (John 16:33) In life, we will often encounter situations where we are fearful or uncertain or feel intimidated. Both kids and adults have fears and will need to choose courage to overcome them. The good news is that God's Word says that He will never leave us or abandon us. (Duet. 31:8) When we need to face our fears, remember that courage is a choice. We can choose to be courageous! When we choose courage, God can be victorious through us. After Jesus warned that we will have trouble in life, He went on to say, "But take heart! I have overcome the world." Choose courage!



As a family, memorize the Victory Verse this month. Remember, courage is a choice. God helps make it easy to choose because He is always with us.

Diggin' DEEPER...

Here are some super Bible verses you may want to dig into this month that will help us choose courage

🔍 Psalm 27:1

🔍 2 Timothy 1:7

🔍 1 Chronicles 28:20

🔍 Joshua 1:9

🔍 Isaiah 41:10

🔍 Philippians 4:13

Double DaRE Ya!

The family challenge!

Are you up for the challenge? Determine as a family what the reward will be if you complete the challenge!

YOUR CHALLENGE: How can you show courage this month? Maybe it's a roller coaster ride or a swim in the deep end of the pool. Perhaps there is something your family needs to do but are afraid to begin. (Cleaning out the garage?) We DOUBLE DARE YA to be courageous! Choose to have courage and tackle it together as a family. Decide what your reward will be and celebrate your victory when it's complete!