



## "I AM – THE BREAD OF LIFE"

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### INTRODUCTION

I AM is the name used by God to describe His eternal power and unchangeable character. In the Gospel of John, we read that Jesus calls Himself I AM! Over the next several weeks we will look at each of these I AM statements and how we can find security and stability in our unchanging God through His Son, Jesus.

### DISCUSSION QUESTIONS

1. **READ Exodus 3:13-14.**
  - a. The Egyptians had many gods by many different names, so why do you think it was so important for Moses to know God's name?
  - b. What did God say His name was?
  - c. What does the name I AM mean to you?
2. Jesus is in a heated discussion with the people about who He IS.
  - a. **READ John 8:56-59.**
  - b. What is Jesus trying to tell the people when He calls Himself I AM.
  - c. Why do you think the people got so angry with Jesus?
3. **READ John 6: 28-40.**
  - a. What do you think of when you hear Jesus say I AM the bread of life?
  - b. Look at verses 38-40. What is Jesus' job on this earth?
  - c. Are there any other statements in these verses that really stand out?
4. **TRUE SOUL – SATISFACTION IS ONLY AVAILABLE IN JESUS**
  - a. **READ John 6:26-29.** Bread may satisfy our hunger, but Jesus gives us SOUL - SATISFACTION. What does Jesus tell us in these verses?
  - b. What kinds of worldly things do we chase to satisfy our soul?
5. **GOD'S GREATEST GIFT TO US IS HIMSELF!**
  - a. **Read John 6:32-33.** Who gives us the true bread from heaven?
  - b. **READ John 6:34-35.** Who is the true bread from heaven?
  - c. **John 6:48-54.** What will be gain if we receive the true bread from heaven?

### QUOTE:

*What does it mean to eat Jesus' body and drink his blood? "Believe and you have eaten." Augustine*

### CHALLENGE

How's your soul doing lately? Take your next step to identify and stop chasing imitations and substitutes looking for the fulfillment and satisfaction that only Jesus can truly offer you.

COMMIT TO MEMORY

*I am the bread of life. Whoever comes to me will never go hungry and whoever believes in me will never be thirsty.”* **John 6:35**

PRAY FOR EACH OTHER

Share prayer requests, and commit to praying for one another until you next meet.

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