

TRANSFORMING YOUR FAMILY

*HOW TO HAVE A
HEALTHY FAMILY*
TYLER SCOTT
JANUARY 3-4, 2015

INTRODUCTION

Some families seem to have it all together, while others appear to be in perpetual crisis. The reality is that every family has its share of dysfunction and difficulty. There is no perfect family, simply because there are no perfect people! Regardless of the family you come from, with Christ it is possible to have a healthy family.

DISCUSSION QUESTIONS

1. Read Luke 1:30-38. How did Mary respond to what seemed like an impossible family situation? What impossible situations have you been able to get through with God?
2. Forgiveness was the first value Pastor Tyler said every family should practice. Who in your family do you need to forgive, and why? Who do you need to ask to forgive you, and why?
 - a. What are some benefits that will come from such forgiveness? If you have experience with one/both sides of forgiveness, please share.
3. The second value was to become healthy yourself. What steps will you take to become a healthier person – spiritually, emotionally, physically, etc.?
 - a. Write down specific answers to the question above, commit to striving toward these changes, welcome the accountability of your group members, and make these your prayer requests for one another.
4. Read Deuteronomy 6:4-9. Is God at the center of your life? How can you make Him the center of your life? Your family's life? How might you set an example for your loved ones? What about for your friends and neighbors? What changes can you make to put God at the center?

JOIN THE CONVERSATION

This week Tyler said, "Sometimes we need to adjust our expectations of loved ones in order to appreciate their uniqueness." Read Philippians 4:8 (and find The Living Bible translation if you can). This week, strive to focus on things that are unique and interesting about your family members, instead of the things that drive you nuts – and tell them what you appreciate about them!

COMMIT TO MEMORY

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you so you must forgive others. Colossians 3:13
