



FOMO – FEAR OF MISSING OUT  
APRIL 18 - 19, 2020 // Tyler Scott, Lead Pastor

DISCUSSION QUESTIONS

1. Do you struggle with FOMO? Why do you think you do?
2. **READ Genesis 3:1.**
  - a. Did the enemy use the power of FOMO to tempt Eve? How?
  - b. Do you ever feel like God is “holding out on you”?
3. **READ Psalm 73:1-5, 16.**
  - a. Why does the author say “*I nearly lost my foothold?*”
  - b. What are some of the things that can cause us to become troubled?
4. **READ John 10:10 and 1 Peter 5:8.**
  - a. Pastor Tyler reminds us that WE ARE ALL IN A FIGHT. What does this mean to you?
5. **READ Psalm 34:9-10, Romans 8:32, 1 John 4:9.**
  - a. How do these scriptures encourage you?
6. **READ Psalm 16.** How do we fight FOMO and the enemy according to this passage of scripture?
7. We are reminded of these 4 ways to fight FOMO.
  - a. Take refuge in God. *Psalm 16:1-2*
  - b. Practice gratitude for all God has given you. *Psalm 16:5-6*
  - c. Set boundaries on social media. *Psalm 16:8-9*
  - d. Walk the path where you feel God’s presence. *Psalm 16:11*

Discuss some of the ways we can practice these 4 powerful reminders?

CHALLENGE

Spend some time thinking about these questions. Am I content? Is God enough to fill my cup? What makes me feel secure? This week read Psalm 16 on a daily basis and start being intentional about FIGHTING the enemy FOMO!

COMMIT TO MEMORY

*You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.* Psalm 16:11

PRAY FOR EACH OTHER

Share prayer requests, and commit to praying for one another until you next meet.

CHECK OUT CPC MOMENTS

Watch and share powerful devotionals from the CPC Team. Go to <https://vimeopro.com/cpcdanville/cpcmoments>

### ONLINE CONNECT CARD

To let us know you joined us online or share how we can pray for you, go to <https://tinyurl.com/vv2tqu9>

### GIVE

Your generosity is what enables us to continue the ministry God is doing through our church. If you'd like to contribute, go here: <http://www.cpcdanville.org/give/> or you can text to give 925-275-5333.

### CONTACT US

Do you have a need, or need prayer or simply have a question? We are here for you.

PRAYER REQUESTS - [prayer@cpcdanville.org](mailto:prayer@cpcdanville.org)

NEED REQUEST - [needs@cpcdanville.org](mailto:needs@cpcdanville.org)

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