



RHYTHMS

THE RHYTHM OF FAMILY" AUGUST 24 & 25, 2019

INTRODUCTION:

This past weekend we learned 3 continual choices to make in order to have healthy rhythms in our families, but let's face it, families are TOUGH. Spend sometime with your group finding ways to incorporate these rhythms into your everyday life.

DISCUSSION QUESTIONS:

When you think of a healthy family, what do you think of? What makes it healthy?

What words would you use to describe your family? Why?

Why do you think choosing to believe the best in your family is part of a healthy rhythm?

Peter is one step forward two steps back (Mark 14:26-31 Mark 14: 66-72), do you ever feel like Peter in relationship to your family?

What does it mean to you that Jesus chooses to believe the best in you?

When was a time you needed someone to believe the best in you?

Why do you think it feels hard to believe the best in someone at times?

Often, what we think about ourselves is different than what God thinks about us. What words would you use to describe yourself? How would Jesus describe you?

I am God's workmanship, created in Christ unto good works. (Ephesians 2:10)

I am an ambassador for Christ. (2 Corinthians 5:20)

I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people. (1 Peter 2:9)

I am greatly loved by God. (Romans 1:7; Ephesians 2:4; Colossians 3:12; 1 Thessalonians 1:4)

If God already knows our mistakes, why do you think he still wants us to confess and own up them?
2 Corinthians 7:10

How do you think you would have responded if you were in Joseph's position?

Sold into slavery, falsely accused, thrown in prison, becomes 2nd in command of the nation of Egypt, Forgives brothers

What does it mean to extend grace to your family? What does that specifically look like in your day to day life?

In what areas of these healthy rhythms do you need God's help?

COMMIT TO MEMORY:

1 Corinthians 13:7 Love bears all things, believes all things, hopes all things, endures all things

PRAYER:

Share prayer requests with one another