



RUNNING ON EMPTY?

FEBRUARY 29 – March 1, 2020 // Megan Fate Marshman, Guest Speaker

This weekend we had the privilege to hear from Megan Fate Marshman. Currently, she is the Director of Women's Ministries at Hume Lake Christian Camps, shepherds young adults at Arbor Road Church and shares Jesus around the world at churches, conferences, retreats and college chapels. She recently released her second book entitled [SelfLess...](#) empowering you to think less about yourself and more of yourself at the same time.

DISCUSSION QUESTIONS

1. What were some of the key points that you took away from the message?
2. Did you hear anything that made you laugh, cry, or challenge you in some way?
Briefly share with the group.
 - a. What did you think when Megan talked about "If you really knew me, you would know...?"
3. **Read John 4:1-12.** Jesus lives in the overflow life.
 - a. What does this mean to you?
 - b. Jesus doesn't want to be a part of our life, He wants to be the WHOLE THING. How does this statement make you feel?
4. **Read John 4:13-42.**
 - a. Is it difficult to believe that Jesus loves you right where you are?
 - b. What was the woman at the well longing for?
 - c. Who or what is the source of life?
5. Do you ever feel like you are running on empty?
 - a. What is your response to the idea of your cup overflowing as it relates to you and others?
 - b. Where do you run to quench your Spiritual thirst?
6. What changes will you make as a result of the message?
 - a. Are you interruptible?
 - b. What did you think about Megan's definition of a good listener?
 - c. Who will you invite to listen online to the message?

CHALLENGE

How will you use what you learned today, to impact your life or the life of another person?

COMMIT TO MEMORY "...but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."
[John 4:14](#)

PRAY FOR EACH OTHER

Share prayer requests, and commit to praying for one another until you **next meet**.