

"CHASING DAVID - When You're in the Cave of Despair" October 12 - 13, 2019 Pastor Tyler Scott

INTRODUCTION

What truly forged David into a king was not any of the seemingly promising events that happened before his cave time. It was in the despair and sadness of the cave that David truly is forged into the leader he is meant to be. God does not always act as the judge or the warrior when we want. But He is always the refuge we need.

DISCUSSION QUESTIONS

- 1. **Read 1 Samuel 18: 14-15 & 1 Samuel 19:1a.** Why do you think Saul changed his view of David? Have you ever felt that you were on top of the world, and then suddenly you found yourself in a cave? If comfortable, share briefly.
- 2. The Bible contains two Psalms David wrote during his cave time. Have someone in your group read one of them, **Psalm 142**, aloud. How would you describe this prayer to the Lord?
- 3. Have you ever tried to control a circumstance that you can't control? Why is realizing my powerlessness an important step to getting strength from God?
- 4. **Read Psalm 57.** This is another of David's "cave psalms". What phrase or thought intrigues or surprises or comforts you from this passage?
- 5. Many of the Psalms in the Bible are not "happy"—they are laments about how terrible life is going. Why do you think they are included in the Bible?
- 6. C.S. Lewis wrote that the solution to low self-esteem and low morale "...is not to think *more* of myself, and the solution is not to think *less of myself*; the solution is to think of myself less." Do you agree? How can we do that?
- 7. Is there someone in your life that might be a "cave dweller". What are some ways you or your group can help someone who is desperate, embittered and in despair?

COMMIT TO MEMORY

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. **Romans 8:38-39**

PRAY FOR EACH OTHER

Share prayer requests, and commit to praying for one another until you meet again.

FOR THOSE FOLLOWING ALONG IN THE BOOK

If you or your group has chosen to follow along using the book, hopefully you have read Chapter 3, FINDING LIGHT IN THE DARKNESS. Next you will want to read Chapter 4, FINDING POWER TO FORGIVE and then join us next weekend as Pastor Tyler shares a message titled WHEN YOU NEED TO FORGIVE.

CHASING DAVID DEVOTIONALS

Want to be encouraged throughout the week? Watch our daily devotionals on Facebook and Instagram. Follow us @cpcdanville.