

SMALL THINGS **BIG** DIFFERENCE

Small Things, BIG Difference

“Confess Your Sins”

February 6, 2022 // Ryan Suzuki, Associate Pastor

“The confession of evil works is the first beginning of good works.”- Saint Augustine

FOR DISCUSSION

1. What does it mean to you to “Confess Your Sins?”
2. **Read 1 John 1:8-10.** Do you regularly have a time of confession before God? How does that bring a difference to your life? What have you seen God do through this time?
3. **Read Hebrews 4:16.** We don’t confess sins to inform God, because He already knows. Instead we confess so He will cleanse us. Why can we approach the throne of grace with confidence? What does this passage tell us we will receive? What does that mean to you?
4. **Read James 5:16.** When have you experienced the healing power of confessing your sins to a fellow believer? You can share a time where you heard someone’s confession and or when you confessed something and it brought healing.
5. **Read John 20:23.** Jesus shows us that we are continuing His ministry by forgiving others. When have you been able to forgive someone and set them free from guilt? Is there anyone whose sin you have held onto that you need to forgive?
6. **Read 1 John 3:19-20.** Do you experience condemnation from your own heart? How does Jesus’ work on the cross to provide total forgiveness, help you bring healing and freedom from self-condemnation?

“God is calling into being a Church that can openly confess its frail humanity and know the forgiving and empowering graces of Christ. Honesty leads to confession, and confession leads to change.” - Richard Foster, Celebration of Discipline the Path of Spiritual Growth.

COMMIT TO MEMORY: *“If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.” 1 John 1:9*

PRAYER: Pray for each other to have the courage to confess our sins to God and others and to receive forgiveness.